



SUMMARIZED REPORT

2025 SOCIAL NEEDS ASSESSMENT

TO VIEW THE FULL REPORT:

foothillscountyab.ca/community/family-community-support

**Helping
communities
enhance their
social well-being
through
prevention,
volunteerism,
collaboration
and community
development.**

Prevention and Scope of FCSS

Prevention is the proactive process that strengthens the protective factors of individuals, families, and communities to promote well-being, reduce vulnerabilities, enhance quality of life, and empowers them to meet the challenges of life. Protective factors mitigate the likelihood of negative health outcomes and enhance the ability to face adversity. Primary and secondary social prevention is FCSS's main focus.

Social Needs Assessment Scope

This study aimed at developing a better understanding of County-specific community challenges and needs as they relate to prevention and social well-being. This information will help provide direction for future strategies, set priorities and ensure investment has the biggest impact to support residents and help prevent and address the most prevalent social issues.

**2024
IMPACT**

42

Community
Partnerships

\$400K

Community Grant
Funding Allocated

2849

Volunteers Supported

61,554

Volunteer Hours



Social Challenges Foothills County Residents are Facing in 2025 Seven Common Themes

Financial

- Paying monthly bills
- Estate planning/management

Caregiver Challenges

- Caring for aging parents/spouse
- Learning what resources are available

Lack of social connection

- Not connected to neighbors
- No one to socialize with

Mental Health

- Stress, anxiety, depression
- Low self-esteem

Unable to access needed resources

- Unaware of what is available
- Needed service doesn't exist

Lack of community involvement

- Lack of local opportunities
- Lack of affordable opportunities
- Volunteer bases lessening

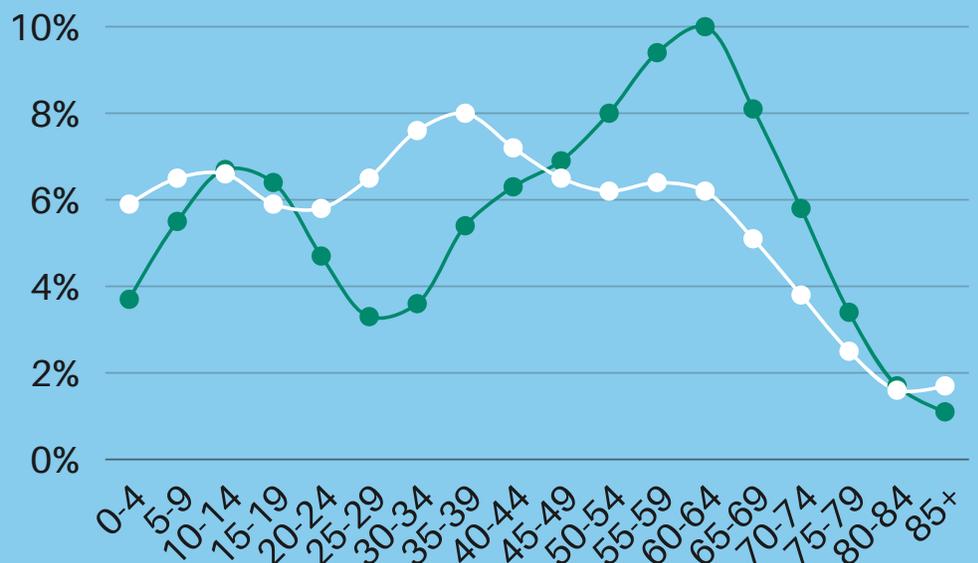
Isolation/Loneliness

- Siloed geographically
- Not feeling welcomed to join clubs

Demographic Focus

Foothills County has an older population than Alberta as a whole. 40% is 55 years and older, compared to 27% of Alberta as a whole. Our older adults are a key focus and how we can help them age well in their communities.

Age Distribution of Population (2021 Census)



OTHER CONSIDERATIONS

In Foothills County, there is a significant gap between average and median individual incomes, highlighting income inequality. In 2019, the average income was \$104,000, while half of residents earned less than \$52,400.

We recognize the financial disparity between areas throughout Foothills County, and how we can help with awareness to resources that may be available to low-income residents.

Income Levels and Government Supports

	Foothills County	Male	Female
Median Total Income for Individuals 2019 (prior to Covid-19)	\$52,400	\$68,500	\$41,200
Median Total Income for Individuals 2020	\$50,800	\$64,500	\$40,800
Average Total Income for Individuals 2019 (prior to Covid-19)	\$104,000	\$132,000	\$75,800

Snapshot in time

We recognize with a smaller scope in study for a vast geographical area, we have only reached the tip of the iceberg. As time evolves, so does population, development, and needs of residents. Another key focus going into 2026 and beyond is to continue to build on our relationships with our residents and communities within Foothills County, and ensure the social needs are being addressed within the FCSS mandate.

Thank you to Foothills County Council, residents, and service groups for your support and participation to make this study possible.



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🌐 www.foothillscountyab.ca/community/family-community-support

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